

APRIL 18, 2025

Unionville High School
201 Town Centre Blvd.
Markham, ON

P: 905-479-2787
Reception 431
Attendance 230
Guidance 458

unionville.hsyrdsb.ca

UNIONVILLE HIGH SCHOOL

WEEKLY PARENT/GUARDIAN BULLETIN

GUIDANCE UPDATES
TECH REQUEST FORM
CLUBS@UHS



PRINCIPAL
SUSIE NUNES

VICE-PRINCIPAL (A - I)
CATHERINE CLARKE

VICE-PRINCIPAL (J - Q)
ALEX CORRY

VICE-PRINCIPAL (R - Z)
JOANNE TANG

SUPERINTENDENT KIEN NAM LUU

TRUSTEE RON LYNN

COMING UP@UHS



APRIL

14

SEMESTER TWO BEGINS

18

GOOD FRIDAY

21

EASTER MONDAY

24-25

MIDTERM E-DISTRIBUTION

Optimism is a happiness magnet. If you stay positive, good things and good people will be drawn to you."

Mary Lou Retton

SCHOOL COUNCIL @UHS

**Special Presentation
for Parents**

**Relationspaces;
Transforming
Relationships with
Our Children**

**Tuesday, April 29, 2025
7 p.m. - 8:30 p.m.**

**School Council Meeting in
the UHS Library**

Each participant will receive a copy of Vicky Essebag's book: "Relationspaces; A Solution-Focused Handbook for Parents."

Please register if you will be attending to receive your free book. [Click here](#)

SPECIAL NOTE:

SCHOOL COUNCIL
MEETING RESCHEDULED
TO TUESDAY, APRIL 29TH,
AT 7:00 PM.
SPECIAL GUEST
PRESENTER



Vicky Essebag will inspire parents with the principles of Relationspaces, which transform assumptions, intentions and behaviours in Relationships. Through relevant examples and scenarios, Vicky will share practical solution-focused skills and strategies that parents can immediately implement at home with their children of all ages.

ARTS@UHS



*Celebrate 40 Years of Creativity
at Unionville High School
Sponsor a Pillar - Support a Legacy*

The year 2025 marks the 40th anniversary of the opening of Unionville High School, and 2026 will celebrate 40 years of the Arts Unionville program—formerly Arts York. To commemorate this milestone, Grade 12 Arts Unionville Visual Arts students will transform the school's large concrete hall pillars into a series of vibrant, original murals. [Click here](#)

CREATIVE WORKSHOP

Hi everyone,

Just wanted to bring your attention to some virtual workshops being held by York Hills for families/caregivers — Triple P Series, ADHD series, and some one off ones. Not sure if families at your school would be interested, but figured to forward these over in case. Just FYI, one of them is happening this Thursday Mar 6.

Please see below for the date, times, and links:

One off Workshops

Many Faces of Anxiety: May 7, 6:30pm to 8:30pm
([Many Faces of Anxiety Registration, Wed, 7 May 2025 at 6:30 PM | Eventbrite](#))

Triple P Workshops

Teen Triple P Seminar #1: April 24, 6:30pm to 8:30pm
([Teen Triple P Seminar #1 - Raising Responsible Teenagers Registration, Thu, 24 Apr 2025 at 6:30 PM | Eventbrite](#))

Teen Triple P Seminar #2: May 1, 6:30pm to 8:30pm
([Teen Triple P Seminar #2 - Raising Competent Teenagers Registration, Thu, 1 May 2025 at 6:30 PM | Eventbrite](#))

Teen Triple P Seminar #3: May 8, 6:30pm to 8:30pm
([Teen Triple P Seminar #3 - Getting Teenagers Connected Registration, Thu, 8 May 2025 at 6:30 PM | Eventbrite](#))

ADHD Workshops

Learning to Pay Attention: April 16, 6:30pm to 8pm
([Learning To Pay Attention Registration, Wed, 16 Apr 2025 at 6:30 PM | Eventbrite](#))

Exploring and Understanding the Inattentive Brain: May 14, 6:30pm to 8pm
([Exploring and Understanding the Inattentive Brain Registration, Wed, 14 May 2025 at 6:30 PM | Eventbrite](#))

GUIDANCE **@UHS**

POST-SECONDARY FINANCIAL AID INFORMATION PRESENTATION


Attention Grade 12's. Not sure how you will pay for post-secondary education? Have questions about OSAP?

On Tuesday, April 29, period 3 in the Library, UHS is hosting a post-secondary financial planning presentation provided by Seneca College. Topics covered will include bursaries, scholarships and OSAP.

If you are interested in attending this presentation, please register through school cash on-line. The deadline to sign up is Monday, April 28.

If you have a period 3 class, please let your teacher know in advance that you will be absent.

For more information, please come to the Guidance office.



GRADUATION CEREMONY

THURSDAY JUNE 26, 2025

YRDSB Summer School 2025

Summer School Registration opens on
Tuesday April 15th 2025.

Summer school runs from July 2nd - July
25th

There are 2 Learning Formats Offered:

1) In Person Learning

Acceleration courses will be offered in a
face-to-face learning model.

Locations: Bill Hogarth SS, Bur Oak SS, Keswick HS, Maple HS, Middlefield HS,
Newmarket HS, Richmond Green SS, and Thornlea SS

Full Disclosure Date for Acceleration Courses: Monday, July 21

The school day will begin at 8:45 a.m. and end at 3:33 p.m.

2) Online Learning

Online Learning Courses are specifically designed to be taught in a fully online format
(hours are flexible, however, students should be completing about 6 hours of work/day).
Online learning relies on communication between pupils and teacher. Online learning
does not require pupils and teachers to be face-to-face with each other. Classes occur
online using an asynchronous model, with synchronous check-in opportunities with the
teacher. The learning platform is Brightspace by D2L.

MyBlueprint/My Pathway
instructions are outlined
here:



Summer School Course
Offerings/Locations can be
found
here:



General Summer School
Info can be found here:



Summer
School

OPPORTUNITIES @UHS

WEBINAR

SMHO is offering a free, 5-part webinar series designed to help parents and caregivers navigate important topics related to substance use and addictive behaviors. They will provide insights and practical strategies on:

The intersection of addictions and mental health

Recognizing signs of substance use and addictive behaviours

How to talk about substance use at home

Current trends in student substance use in Ontario – What parents/caregiver need to know

Technology overuse and problematic gaming

Dates are April 22, May 7, May 14, May 22, more dates to follow.

They can sign up here: [Supporting Your Child's Well-being: Free webinars for parents/caregivers Registration | Eventbrite](#)



STUDENT SIN & SUMMER JOB BANK CLINIC SPRING 2025

[Click here](#)

GRADE 9 STEM WORKSHOPS MAY 1

Location: Throughout school

Time: Periods **1, 2, 4, and 5**
Attendance taken at each session.

York Region Educational Services (YRES) will be running **Lego robotics workshops**. YRES is a non-profit organization dedicated to providing educational resources and programming delivered by highly-qualified teachers and professionals.

Wealthsimple Foundation, a charity exclusively supporting financial education for young people, will be offering engaging financial literacy workshops.

Our own **UHS student group, STEM Ed**, alongside other STEM clubs, will take on leadership roles throughout the day – running activities, fostering a welcoming school community, and creating opportunities for Grade 9 students to connect with peers and mentors.

Details for additional STEM workshops are currently in the works. Many of these will also feature hands-on, team-based engineering and problem-solving experiences.

Thank you in advance for your support and flexibility in accommodating this event. We look forward to a dynamic and engaging day for our Grade 9 STEM students.



WELLNESS @UHS

Dear Families

The Ontario Ministry of Education released [Policy/Program Memorandum 128](#) in the fall of 2024, which included a directive to school boards to set out enforcement mechanisms to address the possession, use and provision of tobacco, electronic cigarettes, nicotine products, recreational cannabis, alcohol and illegal drugs. In support of a comprehensive approach, we are pleased to announce that in the coming months, vape-detecting devices will be installed at all YRDSB secondary schools.

Our schools continue to provide education and support regarding the harmful impact of these products. Please see resources listed below.

Resources for Families

QUASH

A Logical Plan for Quitting

- free smoking and vaping cessation app (co-designed by youth for youth)

School Mental Health Ontario

Vaping: What you need to know

- general information about vaping; outlines important facts, associated risks, and additional resources to support educators/families in having informed conversations with students

York Region Public Health (YRPH)

Vape Facts: What You Need to Know

- a website containing YRPH anti-vaping campaign videos and vaping facts

Vaping and E-Cigarettes

- a website continuing YRPH information on vaping and health risks

Canadian Lung Association

How to Talk to Your Child About Vaping

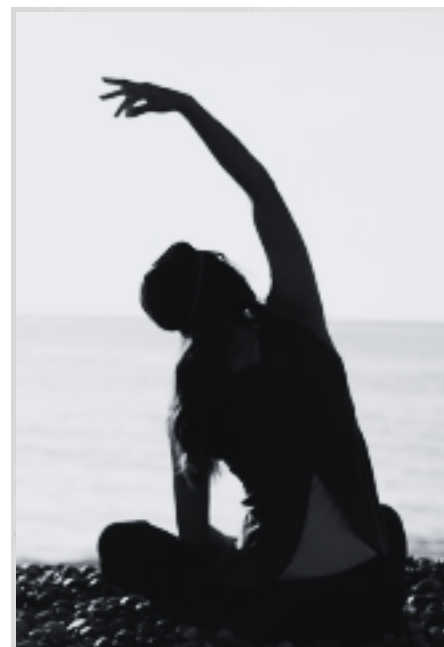
- a pdf guide for parents about talking with your child about vaping and the risks

PARKING

Parents and guardians dropping off students in the Town Centre and Warden drop off zones are asked to follow the traffic signs and asked not idle in fire zones. Please follow all posted signs for traffic flow and refrain from parking in visitor parking without a parking pass. Parents/guardians are also asked to not idle in no parking zones during the day and to not park in municipal parking lots.

The City of Markham has noted an increase in vehicles using the Flato parking lot. Please be aware that cars parked both in the City of Markham and UHS areas without authorization are subject to parking tickets. All parents/guardians who are visitors to UHS must park in the Town Centre lot and obtain a parking pass from UHS' main office.

We appreciate your cooperation in keeping our parking areas organized, safe and accessible. If there are any questions, please reach out to the school directly.

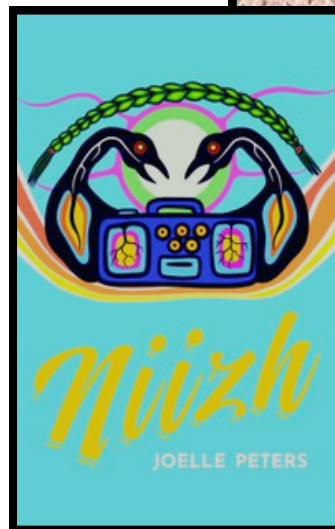
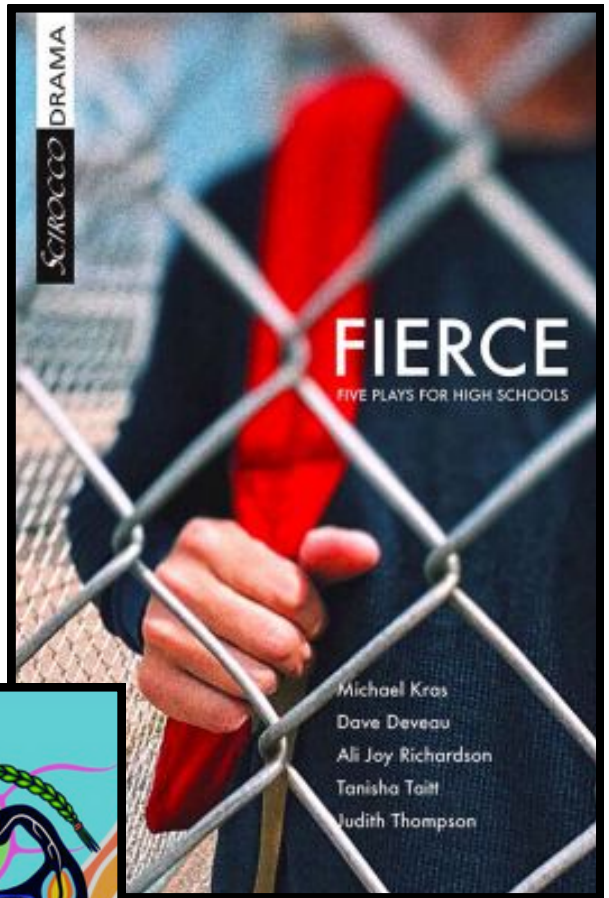


GOOD READS @UHS

Start some drama by borrowing one of these great plays! These titles and many more are available in your UHS Library.

[Fierce: Five Plays for High School](#)

edited by Glenda MacFarlane



[The Ex-Boyfriend
Yard Sale](#)

by Haley McGee

[Niizh](#)

by Joelle Peters

[Selfie](#)

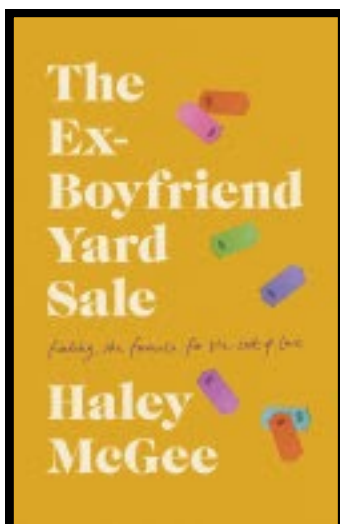
by Christine Quintana

[Simone, Half and
Half](#)

by Christine Rodriguez

[Controlled
Damage](#)

by Andrea Scott





All YRDSB schools are now using School Cash Online as an online payment system. School Cash Online is an easy, safe and convenient way for families to pay online for extracurricular items or events, including yearbooks and field trips. It helps to reduce paper and the amount of cash/cheques handled by parents and students. Families may make payments using School Cash Online, or by cash or cheque.

How do I access the tool?

You can register for School Cash Online at any time by visiting the website. Once you are registered, you will be notified of any new items available for your child. How do I register? Please click here for instructions.

HEALTHY DEMOCRACY STUDENT LEADERSHIP AWARD

Application Deadline: June 6, 2025, at 11:59 p.m.

Selection Criteria:

- Commitment to civic engagement and the importance of local governments
- Diversity of leadership and perspective
- Community involvement
- Social identity, socio-economic status or other factors

Open to all graduating OPSBA-member English public school and school authority students.

APPLY NOW

www.opsba.org

EXTRAS @UHS

YORK REGION VOLLEYBALL PRESENTS SPRING HOUSE LEAGUE

APRIL 6 – JUNE 8, 2025

- Learn volleying, passing, hitting, and serving
- Develop skills through games and activities
- Play in a non-competitive environment that makes learning FUN!

\$240 (+tax)

What to Expect:

- Skill development + modified games for every session
- Using kid-friendly equipment for confidence and success!

8 weeks on Sundays

Session 1: 9am – 10:30am | 8 – 10 years old
Session 2: 10:30am – 12pm | 12 – 15 years old
Session 3: 12pm – 1:30pm | 8 – 10 years old
Session 4: 1:30pm – 3pm | 12 – 15 years old

Location:
 St. Elizabeth Catholic High School
 905 New Westminister Dr. Thornhill, ON L4J 1K3

www.yorkregionvolleyball.ca | [York Region Volleyball](https://www.facebook.com/yorkregionvolleyball)

40 YEARS OF MUSIC @ UHS!

Join the UHS Music community of past and present to celebrate 40 years of excellent music making!

Sunday May 25, 2025 - 2:00pm
 at **Flato Markham Theatre**

Featuring current ensembles with special guest alumni and teachers performing our favourites, including music composed by UHS Music graduates.

Reserve your tickets today at the **Flato Markham Theatre** Box Office

We want to hear from you. If you have a favourite memory, piece of music, story, or special thought about your time with UHS Music, please consider sharing it here.

Exciting news! Cait Nihimura (UHS 2009) has been commissioned to compose a piece of music in celebration of 40 Years of Music at UHS. The piece will feature all performing disciplines: Band, Choir, Strings and Piano and will be premiered at the concert on May 25, 2025. Join the consortium membership and support this world premiere performance. Consortium members will have their name appear in the introductory material of the score as well as the program for the concert.

Become a Consortium Member:
 up to \$50 = Ensemble
 \$50 - \$100 = Principal
 \$100 - \$200 = Conductor
 over \$200 = Artistic Director

caitn@nihilus.com

Joining is simple. Create an account (for tax receipts) on [School Cafe/Orchestra](https://www.schoolcafe.org). Once registered, click "I don't want to add a student" and then click "Make a Donation". Select your amount and choose "UHS Music" under "Destination". Tap "Tribute Information" and type "40 Years of Music at UHS" under "Message to the Board". Once complete, please consider sending an email jeff@wigglesworth.ca so we can confirm receipt of your generous donation. Tax receipts will be sent immediately. Thank you for supporting new music at UHS.

Please contact Jeff Wigglesworth - Head of Music jeff.wigglesworth@yrb.ca with any questions or ideas.

Music For more UHS Music updates & photos, visit: www.facebook.com/yorkregionmusic

Healthy Democracy Award Flyer

LET'S GET Walking!

Walking is a natural and easy form of physical activity that can be enjoyed by most children. It's a great way for children to meet The Canadian 24-Hour Movement Guidelines.

MENTAL HEALTH AND WELL-BEING

- Reduces stress, depression and anxiety
- Increases confidence, well-being and positive mental health

HEART AND LUNG HEALTH

- Improves heart health and fitness
- Increases lung capacity

PROMOTING LONG TERM HEALTH

- Reduces risk for type 2 diabetes, osteoporosis, heart and lung disease
- Strengthens immune system

ACADEMIC PERFORMANCE

- Healthy brain development
- Stimulates the body and mind
- Improves academic performance, better concentration, attention span, memory and focus

BONE AND MUSCLE STRENGTH

- Builds stronger muscles and bones
- Increases muscle endurance

STAY ACTIVE: Walk to school or enjoy nature on park or forest trails. Make it fun by walking with others – try a walking challenge or mindful walking. Let's build healthy kids and get walking!

PUBLIC HEALTH
york.ca/HealthyKids

2024-2025 York Region

LET'S GET Walking!
 Walking is a natural and easy form of physical activity that can be enjoyed by most children. It's a great way to meet The Canadian 24-Hour Movement Guidelines.

2025 Healthy Democracy Student Leadership Award

Central East Region of the Ontario Public School Boards' Association

Background Information
 The Healthy Democracy Student Leadership Award, a partnership between the Association of Municipalities of Ontario (AMO) and the Ontario Public School Boards' Association (OPSBA), is being awarded in the amount of \$1,000 to one graduating English public school student in each of OPSBA's five regions. Scholarship recipients are students with strong leadership skills and potential, who care deeply about their communities and furthering their own learning.

Eligible Students

- ☐ A Canadian citizen or permanent resident
- ☐ In good standing with the secondary school
- ☐ Entering a post-secondary program (e.g., university, college, apprenticeship, etc.) within Ontario in 2025
- ☐ Graduating from a secondary school within one of the eligible school boards or school authority within the Central East Region.

Eligible School Boards and Authorities

- Bloomview School Authority
- Durham District School Board
- Grandview School Authority
- Kawartha Pine Ridge District School Board
- The Protestant Separate School Board of the Town of Peterborough
- Simcoe County District School Board
- Toronto District School Board
- Trillium Lakeland District School Board
- York Region District School Board

Selection Criteria

- ☐ A demonstrated commitment to civic engagement and the importance of local governments in Ontario's political system
- ☐ Diversity of leadership and perspective
- ☐ Community involvement such as volunteering, athletics, and extra-curricular activities, including within a First Nation, Métis or Inuit community
- ☐ Social identity, socio-economic status or other factors unique to each student's achievements and the opportunities available to them

Ontario Public School Boards' Association
 430 University Avenue, Suite 1800 Toronto Ontario M5G 1Y9 Canada
 P: (416) 340-3545 | F: (416) 340-7571 | E: inquiry@opsba.org

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YRDSB @UHS

VICTIMS OF CRIME WEEK



Parents, caregivers, guardians, community members and youth 11+ are welcome to attend the 3rd Annual Anti-Human Trafficking Conference in York Region.

Join us at Seneca Polytechnic College King Campus on May 13 and 14, 2025 from 6:00 - 9:00 p.m. for an evening of learning, networking, and collaboration in the fight against human trafficking.

Registration for the 3rd Annual York Region Anti-Human Trafficking Conference.

YRDSB ANNUAL BUDGET PROCESS ONLINE SURVEY

Dear families,

Until April 18, York Region District School Board invites families and community members to participate in the Board's annual budget consultation process. Fill out the online survey (translated into 17 languages) or take part in a virtual consultation on Monday, April 7, 2025. More information on how to join the virtual consultation is available on the YRDSB website.

As the Board faces a decline in enrolment for the 2025-2026 school year, community feedback will help guide budgeting priorities. Questions about the budget process may be directed to budget@yrdsb.ca.

Thank you for your time and feedback.

Sincerely,

Ron Lynn Bill Cober
Board Chair Director of Education

SAFETY FIRST!

SAFETY FIRST MESSAGE FROM UHS ADMINISTRATION TEAM

Dear Parents and Guardians,
The safety of our Unionville HS students is our top priority, especially when it comes to crossing roads. As we know, crossing busy streets such as Highway 7 and Warden, poses potential risks. Here are some essential reminders to ensure our students cross the road safely:

Understand and adhere to school zone rules. These areas often have reduced speed limits and additional safety measures to protect pedestrians.

Ensure your child understands the basic rules of road safety - looking both ways before crossing, waiting for the signal, and only crossing at designated crosswalks.

Emphasize the importance of using designated crosswalks. Explain that these areas are specifically designed for safe pedestrian crossing, reducing the risk of accidents.

Discourage the use of electronic devices while crossing the road. Remind them that paying attention to their surroundings is crucial for their safety.

Let's work together to create a community where our UHS students can navigate the roads confidently and safely. By reinforcing these simple yet crucial guidelines, we can contribute to a secure environment for all.

Thank you for your cooperation and commitment to the safety of our students at UHS!

#SafetyFirst #CrossWithCare

UP COMING@UHS



MAY

5

PA DAY

13

DANCE HIGHLIGHTS - FLATE
THEATRE 7PM-9PM

14

UHS MUSIC SPRING
CELEBRATION 7PM-9PM

19

VICTORIA DAY

22

UHS MUSIC CELEBRATION
7PM-9PM

SEAS - ASIAN HERITAGE
EVENT IN CAFE & ATRIUM @
6PM

3RD ANNUAL

YORK REGION ANTI-HUMAN TRAFFICKING CONFERENCE

**KNOWLEDGE IS POWER:
EDUCATE TO ERADICATE**

**FOR PARENTS, CAREGIVERS,
PROVIDERS, COMMUNITY
MEMBERS AND YOUTH AGES 11+**

Join us for an educational and awareness raising event about human trafficking. Gain valuable knowledge, tools and resources to help protect and empower our community!

PARENTS!

Learn how to safeguard your children from human trafficking. Hear from a mother of a survivor and York Regional Police officer.

YOUTH!

Win prizes and have fun, while learning about personal safety, self-esteem building, and resilience.



Funding provided by Department of Justice Canada

LOCATION

Seneca Polytechnic, King Campus
13990 Dufferin Street, King City

DATES

Attend on either **May 13 OR
May 14 2025** from 6-9 pm.
Doors open at 5:30 pm.

LEARN, ENGAGE & ENJOY

- Information sessions
- Community information booths
- Free pizza and refreshments!



**REGISTER USING QR CODE
OR USING THE CODE BELOW
BIT.LY/4BO4CTH**

Canada Summer Job 2025

Now Hiring!

- Camp Counsellor
- Web Developer
- Digital Marketing Coordinator
- Volunteer Manager
- Community organizer

8-Week Paid Positions Available Starting April 28 or June 30 in Toronto, Peel Region, York Region, Vancouver, or Remote



Applications are reviewed on an ongoing basis until spots are filled.

Apply Today:
yorkeducation.org/join-us